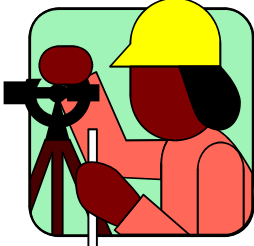



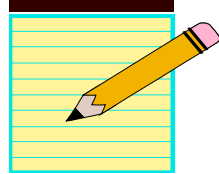


# SQ5R System for Reading and Studying

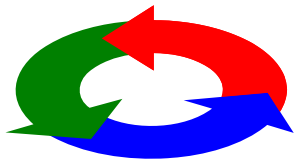
<p><b>1. Survey</b></p>		<p>Check organization of material, general content, headings, subheadings, side-bars.</p> <p>Look over maps, diagrams, charts.</p> <p>Read introduction, conclusion.</p>
<p><b>2. Question</b></p>		<p>Ask yourself what you want to learn from this reading.</p> <p>Ask questions about headings, subheadings as you work through them.</p> <p>Form questions about each section.</p> <p>Try “who, what, when, where, why, and how” questions. How does this section relate to the others? Some textbooks have study questions at the end of the chapter.</p>
<p><b>3. Read</b></p>		<p>Read material in chunks.</p> <p>Look for the answer to your questions as you read.</p>
<p><b>4. Recite</b></p>		<p>Check your recall of the material.</p> <p>Can you answer the question you formulated? Put the material into your own words. Talk about what you have read.</p>

**5. Record**



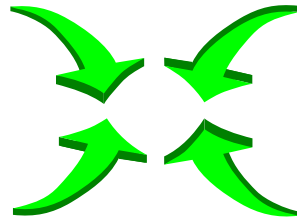
Record key points of what you have learned using your preferred method of note-taking.

Highlight key words or phrases; use a tape recorder; use adaptive technology; or write out the points in short form.



**Repeat steps 2, 3, 4, & 5 for each section of material.**

**6. Review**



After you have read the whole assignment, look over your notes.

Go for the large picture.

Notice how the ideas are linked.

Try to recall the main points.

What are the subpoints for those main ideas?

**7. Reflect**



How does the material you learned fit in with what you already know?

Consider class notes, previous learning, class discussion etc.