



Empowering Parents to Raise Resilient Children

A conference for parents by parents

Free. Everyone welcome.

Child care available on site.

JOIN US!

Saturday, June 22, 2019

9 am to 2 pm

Lockerby Composite School

1391 Ramsey View Court, Sudbury

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Dr. Adèle Lafrance is an Associate Professor at Laurentian University, a clinical psychologist, and co-developer of Emotion-Focused Family Therapy.

As co-director of Mental Health Foundations, Dr. Lafrance provides consultations and training for clinicians, school boards and mental health agencies worldwide.

A passionate advocate, Dr. Adèle Lafrance supports parents/guardians and caregivers as they take care of their loved ones. Her address will inform, educate, inspire and empower.

Parents will learn family-friendly tips and tools that will help with healing and recovery.

Event Schedule

9 am to 9:30 am	Registration
9:30 am to 11 am	Keynote Address: Dr. Adèle Lafrance
11:15 am to 12 pm	Workshop # 1
12 pm to 1:15 pm	Lunch (provided)
	Booths: Parent Resources
1:15 pm to 2 pm	Workshop # 2

Workshop Topics (Choose two)

- FLIP IT! Transforming Challenging Behaviour (Kindergarten)
- From LEGOs to iPhones (Grades 2 to 6)
- Transitions: From Tween to Teen (Grades 7 and 8)
- Whatever! (Grades 9 to 12)
- Holistic Arts Based Program: An Introduction (For all ages)
- Children and Grief (For all ages)

*Children and Grief will be offered in the morning only.
All other sessions will be offered in the morning and afternoon.*

How to Register

Please register through EventBrite at the following link:
<https://picconference2019.eventbrite.ca>