

### Exemption from Instruction in Human Development and Sexual Health

*Note: Please complete one form for each child to be exempted.*

Having reviewed the Human Development and Sexual Health expectations in *The Ontario Curriculum: Health and Physical Education, Grades 1-8, 2019* for my child's grade, I would like my child to be exempted from instruction related to these expectations, without academic penalty.

During the exemption period, I would like my child to (**select one only**):

- Remain in the classroom without taking part in instructional activities related to Human Development and Sexual Health. I understand that my child's activities *unrelated* to Human Development and Sexual Health during the exemption period will be at the discretion of the teacher.
- Leave the classroom and remain in the school under staff supervision. I understand that my child's activities during the exemption period will be at the discretion of the teacher or Principal.
- Be released into my care or the care of my approved designate.

NOTE: If one of the three options above is not selected, the Principal or the Principal's designate will determine where in the school the child is to remain during the exemption period.

#### Notice of Period of Instruction

For the 20\_\_ – \_\_ school year, the period of instruction related to the Human Development and Sexual Health expectations in your child's grade will start on \_\_\_\_\_ and end on \_\_\_\_\_. The daily schedule for this instruction is attached.

*The period of instruction refers to the period, including the beginning and end dates, during which instruction in Human Development and Sexual Health during health and physical education classes is delivered. This period could extend over several days or weeks, depending on an individual school's calendars and teacher lesson plans.*

#### I understand and agree with the following statements:

- The Human Development and Sexual Health expectations in strand D of *The Ontario Curriculum: Health and Physical Education, Grades 1-8, 2019* are different in every grade, so I must submit a completed exemption form every school year, for each child, in order for the child to be exempted from instruction related to Human Development and Sexual Health expectations in that school year;
- References to or conversations about sexual health related concepts among teachers, school staff or other students outside formal instruction in Human Development and Sexual Health are not subject to this exemption;
- My child will continue to receive instruction related to all other elementary health and physical education curriculum expectations;



## Exemption Form

- Requests for exemption made by phone, or exemption forms or written requests that do not have a parent/guardian signature, will not be accepted;
- The Exemption Form must be returned **five days before** the scheduled period of instruction for my child to be excluded from instruction related to the Human Development and Sexual Health expectations in strand D of *The Ontario Curriculum: Health and Physical Education, Grades 1–8, 2019*.

\_\_\_\_\_  
Child's Last Name

\_\_\_\_\_  
Child's First Name

\_\_\_\_\_  
Child's School

\_\_\_\_\_  
Parent/Guardian Name (Please print)

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Grade and Class

\_\_\_\_\_  
Date

\_\_\_\_\_  
Principal Signature

\_\_\_\_\_  
Date

### PLEASE NOTE:

A meeting with the Principal will be scheduled with parents/guardians to discuss options selected no later than five days before the start of the period of instruction.

The meeting with the Principal will take place on the following date:

\_\_\_\_\_