Rainbow Schools

Know the Symptoms

How to identify symptoms related to COVID-19

Do you have any new or worsening symptoms as follows:

- fever (temperature of 37.8 celsius or greater)
- cough
- difficulty breathing/shortness of breath
- sore throat
- difficulty swallowing
- loss of taste and smell
- nausea, vomiting, diarrhea, abdominal pain
- runny nose or nasal congestion
  (in absence of underlying reason for these symptoms such as seasonal allergies, post nasal drip, etc.)

Less common symptoms include:

- muscle aches
- unexplained fatigue/malaise
- delirium (acutely altered mental status and inattention)
- unexplained or increased number of falls
- acute functional decline, worsening of chronic conditions
- chills
- headaches
- conjunctivitis (pink eye)
- croup
- difficulty feeding in infants (if no other diagnosis)
- a decrease in blood pressure
- unexplained hypoxia (decrease in body oxygen supply)
- unexplained tachycardia, including age-specific tachycardia for children
- lethargy (lack of energy)
- multisystem inflammatory vasculitis in children (inflammation of blood vessels)

Source: Public Health Sudbury & Districts