

October 23, 2020

# Dear Parent/Guardian:

This is to inform you that your child may have been exposed to a confirmed COVID-19 case at Lo-Ellen Park Secondary School if they were in the school cafeteria on October 20 and/or October 21 from 10:50 to 11:45 a.m.

If your child meets this criteria, **please call Public Health Sudbury & Districts** as soon as possible at 705.522.9200, ext. 524. In addition, please follow the instructions in this letter.

# Your child must stay home and self-isolate

(https://www.ontario.ca/page/covid-19-stop-spread) up to and including November 4 unless otherwise directed by Public Health Sudbury & Districts.

Additionally, your child should seek COVID-19 testing as soon as possible; if the test is negative, retesting should occur if <u>symptoms</u> develop.

It is important that you assess your child for any symptoms (https://www.phsd.ca/health-topics-programs/diseases-infections/coronavirus/#symptoms) using the online screening tool (https://covid-19.ontario.ca/school-screening/).

For a list of Assessment Centres visit: <a href="https://www.phsd.ca/health-topics-programs/diseases-infections/coronavirus/">https://www.phsd.ca/health-topics-programs/diseases-infections/coronavirus/</a>.

Public Health Sudbury & Districts will be contacting you within 24 hours for further follow up and will provide further guidance at this time.

In general, for COVID-19, a *close* contact is anyone who was within 2 metres or 6 feet of an infected person without proper personal protective equipment (PPE) for at least 15 minutes during the time of infectivity. An infected person can spread COVID-19 starting 48 hours (or 2 days) before the person had any symptoms or tested positive for COVID-19. Passing a person in the hallway is considered low risk of spreading the virus.

# Sudbury

1300 rue Paris Street Sudbury ON P3E 3A3 t: 705.522.9200 f: 705.522.5182

#### Elm Place

10 rue Elm Street Unit / Unité 130 Sudbury ON P3C 5N3 t: 705.522.9200 f: 705.677.9611

#### **Sudbury East / Sudbury-Est**

1 rue King Street Box / Boîte 58 St.-Charles ON POM 2WO t: 705.222.9201 f: 705.867.0474

### **Espanola**

800 rue Centre Street Unit / Unité 100 C Espanola ON P5E 1J3 t: 705.222.9202 f: 705.869.5583

## Île Manitoulin Island

6163 Highway / Route 542 Box / Boîte 87 Mindemoya ON POP 1SO t: 705.370.9200 f: 705.377.5580

# Chapleau

101 rue Pine Street E Box / Boîte 485 Chapleau ON POM 1K0 t: 705.860.9200 f: 705.864.0820

### toll-free / sans frais

1.866.522.9200

phsd.ca



Remember to follow the critical ongoing COVID-19 prevention measures:

- Wash your hands often with soap and water or alcohol-based hand sanitizer
- Sneeze and cough into your sleeve
- Avoid touching your eyes, nose, or mouth
- Stay home and isolate if symptoms appear
- Practice two-metre physical distancing
- Wear a mask in indoor public spaces and outdoors, especially when physical distancing of two metres cannot be maintained

If you have any questions, please do not hesitate to contact your school, visit the school website to learn about class restrictions or other measures the school is taking, or call Public Health Sudbury & Districts for more information on COVID prevention at 705.522.9200 (toll free at 1.866.522.9200).

Thank you,

Stacy Gilbean

Director, School Health, Vaccine Preventable Diseases and COVID Prevention Division

SG:lg