

Parent/Guardian Resource Guide

Resources

Rainbow District School Board

Rainbow District School Board is the largest public school board in Northern Ontario that offers English and French Immersion programs from Kindergarten to Grade 12 in Sudbury, Espanola and Manitoulin Island. We bring learning to life, enabling students to fulfill their aspirations.

[Parents](#)

[Mental Health](#)

[Positive Parenting Program](#)

[Parent Involvement Committee \(PIC\)](#)

[Special Education](#)

Autism Ontario

Autism Ontario (legally incorporated as Autism Society Ontario) is a charitable organization with a history of over 46 years representing the thousands of people on the autism spectrum and their families across Ontario. Autism Ontario is the province's leading source of information and referral on autism, and one of the largest collective voices representing the autism community.

Email: sudbury@autismontario.com

Phone: 1-800-472-7789 ext. 346

Pour les services en français, composez
1-800-472-7789, poste 346.

<https://dev.autismontario.com/chapters/sudbury-and-district>

ADD/ADHD Parent Support Group

An educational and parental support group for parents and caregivers of children with ADD or ADHD.

574 Loach's Road, Sudbury, ON

Phone: 705-523-4747

Website: www.caddac.ca

Children's Community Network - Réseau Communautaire pour enfants (CCN)

The Children's Community Network (CCN) is a nonprofit agency funded by the Ministry of Children, Community and Social Services (MCCSS) with a volunteer Board of Directors. CCN provides Coordinated Service Planning for children and youth with multiple and/or complex needs and their families. CCN is also the central access mechanism for many ministry funded children's services and provides information and referrals to other programs available to children and their families in the community as well as service coordination.

Website: <https://ccnsudbury.on.ca>

Sudbury & Sudbury East

319 Lasalle Boulevard, Unit 2

Sudbury, ON P3A 1W7

Toll-Free: 1-877-272-4336

Phone: 705-566-3416

Fax: 705-521-7376

Learning Disabilities Association of Sudbury (LDAS)

The Learning Disabilities Association of Sudbury is a charitable non-profit organization dedicated to supporting all individuals with Learning Disabilities in reaching their potential, within a community that values their unique contributions and abilities.

Email: resource@ldasudbury.ca

Phone: 705-522-0100

Mentoring Program Coordinator / Assistive Technology Support, Krissy Battistoni

Email: krissy@ldasudbury.ca

2015 Long Lake Road

P.O. Box 40012

Sudbury, Ontario P3E 0B2

ADHD Support Group of Sudbury

The ADHD Support Group of Sudbury aims to provide a safe, open, relaxed and friendly environment in which we can all share valuable information, professional resources and personal experiences.

For further information, please feel free to contact our group facilitators at one of the following:

Phone: 705-525-6313 or 705-693-0784

To be added to the confidential email list to receive information, resources and updates please send a request to:

Email: AdhdsgSudbury@gmail.com

www.hsnsudbury.ca/portalen/Programs-and-Services/NEO-Kids-Family/Pediatric-ACU/Our-Clinics/ADHD-ClinicArea Served: Sudbury District

Geneva Centre for Autism

Our mission is to empower individuals with Autism Spectrum Disorder, and their families, to fully participate in their communities.

Toronto, Ontario, M4S 2Z8

Phone: 416-322-7877

Fax: 416-322-5894

Website: <https://www.autism.net/>

Better Beginnings Better Futures (BBBF)

BBBF is a prevention program for high-risk communities. Its holistic model provides child-centered activities and community development in the Flour Mill /Donovan neighbourhood.

450 Morin Ave, Sudbury, ON, P3C 5H6

Phone: 705-671-1941

Contact: <https://betterbeginningssudbury.ca/contact-us-sudbury/>

Home and Community Care Support Services North East (formerly LHIN)

Home and Community Care Support Services North East is one of 14 Home and Community Care Support Services organizations in Ontario with a focused mandate to deliver local health care services such as home and community care and long-term care home placement.

Patient information and referrals:

Phone: 310-2222 (no area code)

Website: <http://healthcareathome.ca/northeast/en>

Nogdawindamin Family and Community Services

Healthy Anishnawbek families and communities protecting, nurturing and guiding our children.

1855 Lasalle Blvd Unit 1, Sudbury, ON P3A 2A3

Phone: 705-946-3700

Website: <https://www.nog.ca/form/contact>

Kina Gbezhgomi Child and Family Services

Kina Gbezhgomi Child and Family Services will honour and support our families and community's inherent authority to care for their children based on unity, traditions, values, beliefs and customs.

Main Office: 98 Pottawatomi Avenue
Wikwemikong, ON. P0P 2J0

Phone: 705-370-2100

Fax: 705-859-2195

Foster Care and Alternative Care Department:

19A Complex Drive Wikwemikong, ON

Phone: 705-370-2100

Fax: 705-859-1621

Newgate (Sudbury) Office

866 Newgate Ave, Unit #1 Sudbury, ON P3A 5J9

Phone: 705-370-2100

Fax: 705-560-3988

Website: <https://www.kgcfs.org>

Centre de santé communautaire du Grand Sudbury

A pour but de desservir la population francophone de la ville du Grand Sudbury. Les services offerts incluent des soins primaires (médecins, infirmières, nutritionniste, travailleuses sociales, etc.), la promotion de la santé et la prévention des maladies.

19 chemin Froad, Sudbury, ON, P3C 4Y9

Phone: 705-670-2274

Website: <https://santesudbury.ca>

Child & Community Resources (CCR)

A non-profit community agency which provides many services and supports to parents, children and professionals to enhance and support a good quality of life for children in the early years and those with special needs.

662 Falconbridge Road, Sudbury, ON, P3A 4S4

Phone: 705-525-0055

Website: <https://www.ccrconnect.ca>

Compass, Akii-Izhinoogan - Mindspace

Accredited children's mental health agency providing mental health services to children and youth. Our counseling staff work directly with children and families, encouraging their active participation in making decisions about the services they will receive. We offer services in Sudbury, Espanola, Little Current and Chapleau.

To access the Crisis Intervention Services, call 705-675-4760 or 1-877-841-1101.

62 Froad Road, Sudbury, ON, P3C 4Z3

Phone: 705-525-1008

Website: <https://www.compassne.ca>

Health Sciences North (HSN) : Children's Treatment Centre (CTC)

A family-centred community-based rehabilitation facility providing assessment, treatment, consultation and education to children and young adults with motor and communication impairments. Multidisciplinary CTC therapy outreach services are offered to the communities of Sudbury East, Manitoulin Island, the 144 corridor and Chapleau.

41 Ramsey Lake, Sudbury, ON, P3E 5J1

Phone: 705-523-7337

Website: <https://www.childrenstreatment.ca/Contact-Us>

Health Sciences North (HSN) : Infant Development

Infant Development is a home-based early intervention service for infants/children ages birth to five years, who have, or are at risk for a developmental delay. Parents/ caregivers are assisted in recognizing, understanding and facilitating their child's development and in accessing community services. Resource materials, equipment, toys and books are made available to the parents.

Locations include: Sudbury, Espanola, Manitoulin and Chapleau, ON.

680 Kirkwood Dr, Sudbury, ON, P3E 1X3

Phone: 705-523-7184

Website: hsnsudbury.ca

Jubilee Heritage Family Resources

Provides a range of non-profit child care services for families within the City of Greater Sudbury. These services include : day care support and education for children and their families through the Resource Centre, The West End and South End Best Start Hubs.

189 Applegrove Street, Sudbury, ON, P3C 1N4

Phone: 705-674-3334

Website: <https://www.jhfr.ca/>

Minwaashin Lodge

Provides a range of programs and services to First Nations, Inuit and Métis women and children (regardless of status) who are survivors of domestic and other forms of violence, and who may also be suffering the effects of the residential school system.

1155 Lola, Ottawa, ON, K1K 4C1

Phone: 613-741-5590

Website: minilodge.com

Developmental Services Ontario (DSO)

DSO is the access point for adult developmental services funded by the Ministry of Children, Community and Social Services (MCCSS) in Ontario. There are 9 DSO agencies located across the province; serving different counties and regions. If you have a developmental disability, live in Ontario, and are 18 years old you must apply through DSO to see if you are eligible to receive adult ministry-funded support available in your community.

96 Larch Street, Unit 300, Sudbury, ON P3E 1C1

Phone: 1-855-376-6673

Website: <https://www.dsontario.ca/agencies/dso-northern>

Northern Initiative for Social Action (NISA)

NISA is an organization run by and for consumers of mental health services. We develop occupational skills, nurture self-confidence and provide resources for recovery, by creating opportunities for participants to contribute to their own well-being and that of their community.

36 Elgin Street, Sudbury, ON, P3C 5B4

Phone: 705-222-6472

Website: <https://nisa.on.ca/>

Our Children Our Future (OCOF)

Programs and services are offered to parents and children to foster a supportive and welcoming environment for all families. Provided for all family members are resources and tools to help them lead healthy lifestyles together in support of becoming part of a healthy family and a healthy community.

201 Jogues Street, Sudbury, ON, P3C 5L7

Phone: 705-677-0440

Website: <https://ocof.net/>

Our Children Our Future (OCOF) : Collective Kitchen

This program offers parents the chance to get together to enhance their skills in planning nutritious meals for their families. They learn how to shop on a budget while improving the nutritional quality of meals by swapping ingredients and taking advantage of seasonal and sale products.

201 Jogues Street, Sudbury, ON, P3C 5L7

Phone: 705-677-0440

Website: <https://ocof.net/family-services/>

Our Children Our Future (OCOF) : Infant Food Cupboard

Assists with diapers and formula (powdered) or milk. Participants will be sent to local pharmacies involved with the Infant Food Cupboard. Participants can access the service once a month for two months then skip a month before accessing again. Warm-line is available 24/7 for messages. Aged 0 to 1 year.

201 Jogues Street, Sudbury, ON, P3C 5L7

Phone: 705-677-0931

Website: <https://ocof.net/family-services/>

Shkagamik Kwe Health Centre : Mental Health Program

This program provides mental health support, case management, crisis intervention services, practical and emotional client support through counselling and treatment, home or hospital visits, referrals, advocacy, and participates in community development.

161 Applegrove Street, Sudbury, ON, P3C 1N2

Phone: 705-675-1596

Website: <https://skhc.ca/>

Public Health Sudbury & Districts:

Triple P - Positive Parenting Program (Triple P)

- creating a positive learning environment by fostering a teamwork approach with parents so they become actively involved in the solution of their problems.
- a tiered positive parenting skill development program with continuum-interventions of increasing intensity.
- range of delivery options such as seminars, consultation, individualized or group settings.

Website: <https://parenting4me.com/welcome-2/>

The Children's Aid Society of the Districts of Sudbury and Manitoulin (CAS)

In the districts of Sudbury and Manitoulin, The Children's Aid Society of the Districts of Sudbury and Manitoulin is obligated and exclusively responsible for investigating where children are in need of protection from abuse or neglect, and for the adoption of crown wards.

The Society must respond and provide services on a 24-hour basis, 365 days a year.

Phone: 705-566-3113

Website: <http://www.casdsm.on.ca>

Wordplay

Wordplay Jeux de mots has 3 distinct early intervention programs for young children.

- Preschool Speech and Language Services Sudbury Manitoulin
- Northeast Ontario Infant Hearing Program
- Northeast Ontario Blind Low Vision Early Intervention Program

All programs have only outpatient services available in Sudbury, Espanola, Manitoulin and Chapleau.

680 Kirkwood Dr., Sudbury, ON, P3E 1X3

Phone: 705-675-9193

Website: <https://nbrhc.on.ca/programs-services/mental-health-programs-services/wordplay-jeux-de-mots/>

Association of Parent Support Groups of Ontario, Inc.

Organization of parents of disruptive youth who have joined together to provide support and empower parents to deal with their situation. Provides weekly meetings, workshops and other resources to assist parents in acquiring the skills to help themselves and their children.

Phone: 1-800-488-5666 (Toll Free)

Website: <https://apsgo.ca/>

Family Responsibility Office

Helps families in Ontario receive the financial support they are entitled to by enforcing court ordered support responsibilities.

Phone Numbers: 416-326-1817 or 1-800-267-7263

Website: <https://froofline.mcsc.gov.on.ca/#/auth/login>

French Canadian Association for Parents of Children with Dyslexia or other Learning Disabilities (AFPED+)

Association for francophone parents of children with learning difficulties, such as dyslexia, dysgraphia, ADD, ADHD.

Phone: 613-691-7073

Website: <http://www.afped.ca/>

Mood Disorders Association of Ontario (MDAO)

We are a provincial organization that educates and advocates for individuals with mood disorders such as depression.

Phone: 416-486-8046

Website: <https://mooddisorders.ca/>

Office of the Provincial Advocate for Children and Youth

Provides an independent voice for children and youth, including children with special needs and First Nations children. The advocates receive and respond to concerns from children, youth and families who are seeking or receiving services under the Child and Family Services Act and the Education Act (Provincial and Demonstration Schools).

Phone: 416-325-5669

Website: <https://www.justice.gc.ca>

Ontario Association for Families of Children with Communication Disorders

Non-profit organization that provides information, education and support to professionals and families of children with communication disorders.

Phone: 519-842-9506

Website: <http://oafccd.com/>

Ontario Early Years Centres

The Ontario government created Ontario Early Years Centres to be a place where parents and caregivers can get answers to questions, information about programs and services that are available for young children, and an opportunity to talk to early years professionals, as well as other parents and caregivers in the community.

INFO toll-free at 1-866-821-7770

TTY 1-800-387-5559

Phone: 1-866-821-7770

Website: <http://www.oeyc.ca/>

Parents for Children's Mental Health (PCMH)

A non-profit, provincial, parent-run organization that provides a voice for children and their families who face the challenges of mental health problems. PCMH works with families, the general public, mental health professionals and agencies, and government to provide education and support surrounding child and youth mental health.

ON, Canada

Phone: 416-220-0742

Website: <https://www.family.cmho.org/>

The Lighthouse for Grieving Children

Provide open-ended ongoing facilitated peer support groups for children and teens 3 - 18 years of age, and their parents/guardians. Also offer grief support consultations to grieving families and child service professionals, as well as community referrals to services.

Oakville, ON, L6L 6N8

Phone: 905-337-2333

Website: <https://www.grievingchildrenlighthouse.org/index.php>

Canada Revenue Agency (CRA): Child Disability Benefit (CDB)

The Child Disability Benefit (CDB) is a tax-free benefit (of up to \$2,300/year in 2005) for families who care for a child under age 18 with a severe and prolonged impairment in mental or physical functions. Not all children with disabilities will qualify for this benefit.

ON, Canada

Website: <https://www.canada.ca/en/revenue-agency/services/child-family-benefits/child-disability-benefit.html>

Canada Revenue Agency (CRA): Disability Tax Credit Certificate - Form T2201 Completion Support

Key information for qualified practitioners who are called upon by their patients to certify Form T2201, Disability Tax Credit Certificate.

ON, Canada

Phone: 1-866-741-0127

Website: canada.ca/en/revenue-agency/services/tax/individuals/segments/tax-credits-deductions-persons-disabilities/disability-tax-credit/promoters-restrictions-regulation.html

Where to Call for Help

Emergency Numbers Police, Ambulance and Fire: 911

Police Non-Emergency: 705-675-9171

Poison Control: 1-800-268-9017

Victim Services: 705-522-6970

Crisis Intervention & Mobile Crisis Team: 705-675-4760

Office Hours: 8:30 am to 10 pm

Mobile Hours: 10 am to 10 pm

127 Cedar Street, Sudbury

Website: <http://www.hsnsudbury.ca/portalen/Programs-and-Services/MentalHealth-and-Addictions/Crisis-Intervention-Services>

Social Services Information: 211

Kids Help Phone: 1-800-668-6868

Website: <https://kidshelpphone.ca/>

Counselling and Support

Sudbury Counselling Center

705-524-9629
260 Cedar Street, Sudbury
<https://www.counsellingccs.com/>

Canadian Mental Health Association of Sudbury & Manitoulin

705-675-7252
111 Elm Street, Suite 100
<https://cmha.ca/>

Voices for Women - Sudbury Sexual Assault Centre

705-671-5495
96 Larch Street
<https://www.voicesforwomen.ca/>

John Howard Society of Sudbury

705-673-9576
204 Pine Street, Sudbury
<https://johnhoward.on.ca/sudbury/>

Elizabeth Fry Society of Northeastern Ontario

705-673-1364
204 Elm Street, Sudbury
efryneo.com

Centre Victoria pour femmes

For francophone women experiencing violence

705-670-2517
584 Clinton Avenue, Suite 103
(entrance on Perreault Street)
www.centrevictoria.ca/

Sudbury Women's Center

705-673-1916
324 Elm Street, Sudbury

N'Swakamok Native Friendship Centre

705-674-2128
110 Elm Street
<http://www.nfcsudbury.org/home.htm>

Northern Initiative for Social Action (NISA)

705-222-6472
36 Elgin Street, 2nd Floor
<https://nisa.on.ca/>

Sudbury Action Center for Youth (SACY)

705-673-4396
95 Pine Street, Sudbury
<https://www.theactioncentre.ca/>

COMPASS

Counselling, parenting support, case management
Monday to Friday: 8:30 am to 6:30 pm

705-525-1008
62 Froot Road and 319 Lasalle Blvd., Unit 4
(same services/Mindspace only at Froot Road location)
<https://www.compassne.ca/>