

# Parents. Pasta. Popcorn. Prizes. Potential.

Presented by the Parent Involvement Committee

**JOIN US!**

**Tuesday, October 15, 2024**

**5:30 pm to 7:30 pm**

**Sudbury Secondary School**

**Sheridan Auditorium**

**154 College Street, Sudbury**

Welcome from the Director of Education followed by hands-on activities for you and your child(ren) organized by our educators.

Pasta and popcorn available from 6 pm to 7 pm.

Bring your appetite for food and fun!

**Don't delay. Reserve your spot today.**

Complete the form at the following link:

**[bit.ly/RSPICAGMSS2024](https://bit.ly/RSPICAGMSS2024)**

**Deadline to register:**

**Thursday, October 10, 2024 at 12 pm**



## Learn about how to support your child in language, math and mental health:

### **All About Reading, Writing and Math**

*For parents/guardians and their children ages 4 to 7*

Try fun activities in literacy and numeracy that will highlight and build specific skills to support readers and mathematicians. Activities will focus on counting, number and early reading skills using commonly available materials. After trying the activities, families will receive resources to continue the fun at home.

### **Active ABCs & 123s: Learning on the Move**

*For parents/guardians and their children ages 4 to 7*

Get ready for a fun, high-energy workshop where movement meets learning. Engage in activities like word association races and number relays that help reinforce letters, words, and numbers while running, jumping and being active. Keep your mind and body in motion as you learn through play!

### **Supporting French Immersion Students**

*For parents/guardians of students ages 4 to 8*

Discover engaging and fun strategies for vocabulary acquisition and reading to help support your child's French Immersion journey at home.

### **Mindfulness With Your Child**

*For parents/guardians of students of all ages*

Mindfulness teaches us to be present in the moment and can help with identifying and understanding emotions. Try mindfulness activities with your child led by members of the Mental Health Team to learn creative ways to explore emotions.

### **Building Blocks of Literacy: Foundational Skills for Students in Grades 3, 6 and 10**

*For parents/guardians of students of all ages*

This workshop will highlight how foundational literacy skills developed in the early years are essential for success on the Ontario Secondary School Literacy Test (OSSLT). Participants will explore key strategies for building on these skills, ensuring students are prepared for literacy learning in secondary school.

To learn more about parent involvement, visit [rainbowschools.ca](https://rainbowschools.ca).  
Click on Parents.