

Essential Skills you will need for your Career Pathway

The fourteen skills described below are identified by Human Resources Development Canada as “essential skills” through research and interviews with over 3,000 Canadian workers. These skills are used to varying degrees in virtually all occupations; they are not the technical skills required by specific occupations. People in all types of jobs need to be able, for example, to read, to make decisions, and to solve problems. They also need to develop such general skills for use not only in the workplace, but also in everyday life and for lifelong learning.

- **Reading...**the comprehension of text consisting of sentences and paragraphs
- **Writing...**the preparation of written materials for a variety of purposes
- **Use of documents...**the use of labels, lists, signs, graphs, charts, tables, forms, and other similar materials
- **Use of computers...**the use of any type of computerized technology
- **Money math...**the use of mathematical skills in making financial transactions, such as handling cash, preparing bills, and making payments
- **Scheduling or budgeting and accounting...**planning for the best use of time and money, as well as monitoring of the use of time and money
- **Measurement and calculation...**the measurement and calculation of quantities, areas, volumes, and/or distances
- **Data analysis...**the collection and analysis of data in numerical form
- **Numerical estimation...**the production of estimates in numerical form
- **Oral communication...**the use of speech for a variety of purposes
- **Job task planning...**the planning and organization of one’s own work
- **Decision making...**the making of any type of decision, using appropriate information
- **Problem solving...**the identification and solving of problems
- **Finding information...**the use of a variety of sources, including written text, people, computerized databases, and information systems

For further information, please contact:

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**Make an appointment to see your school
guidance councillor to discuss the
Chef Training program in greater detail.**



**Cambrian College
of Applied Arts
and Technology**

1400 Barrydowne Road
Sudbury, Ontario
Canada P3A 3V8
www.cambrianc.on.ca

A joint Rainbow District School Board, the Sudbury Catholic District School Board and Cambrian College initiative.

Pathways

Enhancing **Educational**
Opportunities for **Students**

A School / College / Work Initiative

Chef Training

Course Selection and Career Pathways

From
Lo-Ellen Park Secondary School
To
Cambrian College of Applied Arts and Technology



**CAMBRIAN
COLLEGE**

Sudbury • Ontario
www.cambrianc.on.ca

Students following this pathway would possess the following characteristics

- Enthusiasm and self-confidence
- Ability to make decisions
- Ability to engage customers
- Good physical condition
- Competitiveness
- Ability to work under pressure
- Excellent problem-solving skills
- Discipline and strong work ethic
- Outgoing, personable disposition
- Creativity, artistic ability, attention to visual detail

Employment Opportunities

- Institutional cooking, catering
- Hotels, resorts, and restaurants
- Cruise ships, airlines
- International connections with Switzerland, Germany and France

Cambrian College Admission Requirements

OSSD or equivalent or mature student status, including:

- Grade 10 English (P) or (D)
- Grade 10 Mathematics (P) or (D)

Program description

This program is designed to initiate students to the world of culinary arts, and will expose them to classical cooking methods and techniques in preparation for the hospitality industry.

Chef Training

Note: (*) indicates compulsory credits for OSSD

Shaded text = credits recommended for transition to college program

| Grade 9 (8 Credits) | | Grade 10 (8 Credits) | | Grade 11 (8 Credits) | | Grade 12 (6 Credits) | |
|------------------------------------|-------------------------------|--|---------------------|---|----------------------|---|------------------------------|
| English* | ENG1D ENG1P | English* | ENG2D ENG2P | English* | ENG3C or ENG3E | English* | ENG4C or ENG4E |
| Math* | MPM1D MFM1P | Math* | MPM2D MFM2P | Math* | MEL3E or MCF3M | Math | MEL4E or MCT4C |
| Canadian Geography* | CGC1D CGC1P | Canadian History* | CHC2D CHC2P | Grade 11 Co-op in Food and Nutrition (2 credits) | | Grade 12 Co-op in Food and Nutrition (2 credits) | |
| Science* | SNC1D SNC1P | Science* | SNC2D SNC2P | | | | |
| French* | FSF1D FSF1P or FIF1D | Careers and Civics* 0.5 cr. each | GLC2O & CHV2O | Option | Option | Option or Study Period | Option or Study Period |
| Healthy Active Living* | PPL1OF PPL1OM | Option | Option | Option | Option | Option or Study Period | Option or Study Period |
| Option | Option | Option | Option | Option | Option | Option | Option |
| Option | Option | Option | Option | Option | Option | Option | Option |
| ADDITIONAL COMPULSORY REQUIREMENTS | | 1 credit in Arts 1 additional credit in English, or Third Language, or Social Sciences and the Humanities, or Canadian and World Studies 1 additional credit in Health and Physical Education, or the Arts, or Business Studies 1 additional credit in Science (Grade 11 or 12) or Technological Education (Grade 9-12) | | | | | |

Some of the above courses are also offered in Enriched, French Immersion, Pre-IB and laptop